



Posh



Toast



Recipes

Smashed Avacado on toast



Follow the instructions to make toast.



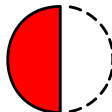
Cut

the



avocado

in



half



and

use

a



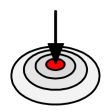
spoon

to



scoop

out the



centre.



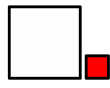
Cut

the



avocado

in to



small

chunks. Keep some

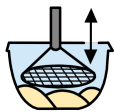


slices

for



decoration.



Mash

the



avocado

in a



bowl

using a



fork.



Add

a



spoonful

of



cream cheese



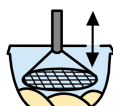
to the

bowl.



Mix

the



mashed



avocado

and



cream cheese.



Use a

fork

to



spread

the smashed



avocado

onto the



toast.



Add

the



avocado



slices







on








top.





Smashed banana and cinnamon on toast


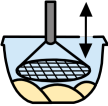


 Follow the instructions to make toast.



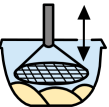




 Peel the banana then  cut it in to  slices.



Put most of the  banana slices  into a  bowl. keep some  slices for  decoration.

 Mash the  banana slices  in a  bowl using a  fork.




 Add a  sprinkle of  cinnamon to the  bowl.



 Mix the  mashed  banana and the  cinnamon.





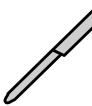
Use a  fork to  spread the  mashed  banana onto the  toast. Add  the  banana


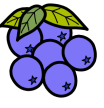
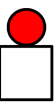


 slices  on top.

Greek yogurt and berries on toast

  
follow the instructions to make toast.

     
Cut the strawberries in to slices. Cut the blueberries in half

    
Spread the greek yogurt onto the toast using a knife.

    
Put the strawberries and blueberries on top of the greek yogurt.

Cream Cheese and cucumber on toast



Follow the instructions to make toast.



Cut the cucumber in to thin slices.



Use a knife to spread the cream cheese onto the toast.



Add the slices of cucumber on top of the cream cheese.