

Life Skills planning

Collect dirty clothes. How do you know your clothes are dirty? Do they have any stains? Do they have a bad smell?

Sort out your dirty laundry into whites, coloured and darks.

Look at the washing instruction labels on different clothing items. (see *The Washing Symbols* worksheet).

Help to load a washing machine.

Look at the symbols on your washing machine. Can you identify the on/off button? Can you set the appropriate temperature for your wash?