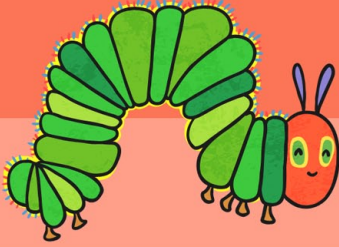


The Very Hungry Caterpillar

by Eric Carle

Sensory Story



Story

Suggested Resources / Activity

In the light of the moon



Use a torch to represent the moon. In a darkened room, shine the torch on a wall and slowly move the torch up the wall. Support the children to watch the movement of the light.

A little egg lay on a leaf



Create a shadow on the wall, by placing your fist onto your palm to represent the egg and leaf. Alternatively, an egg and leaf can be made and placed in front of the torch. Support the children to focus on the egg and leaf shadow.

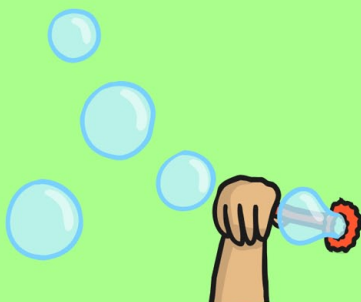
The warm sun came up



If available, use a dimmer switch from low to the typical setting to represent the sun coming up.

Alternative: Use a piece of gold / yellow cloth to represent the sun. Hold onto the edges and from a crouching position, stand up. Support the children to watch the movement of the cloth and to feel any changes in breeze on their skin. If appropriate, move the cloth in large movements over the heads of the children.

Popped out of the egg



Use a spring loaded party popper (these have no noise, simply twist the base and the streamers come out). Support the children to watch the streamers float down.

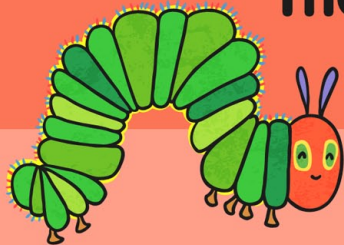
Alternative: Use bubbles to represent the 'pop'. Support the children to watch the bubbles and pop the bubbles.

Alternative: Create a large bubble wand from a wire coat hanger. In a tray of bubble mix, try to create one big bubble to represent the 'pop'. Support the children to watch the bubbles.



The Very Hungry Caterpillar

Sensory Story



Story

Suggested Resources / Activity

A tiny very hungry caterpillar

Use a piece of a pipe cleaner to represent the caterpillar. Move the pipe cleaner on the children's arms / legs and support the children to feel the pipe cleaner.



Alternative: Use a wind-up toy caterpillar. Support the children to watch the caterpillar across the floor. The children can also be supported to hold the caterpillar.

Alternative: Shake a bell stick or chime bars to represent the caterpillar. Support the children to watch the movement of the bells and listen to the sound. The children can also be supported to feel the instrument.

One apple



Cut an apple in half and support the children to feel and smell the apple. If appropriate, support the children to taste the apple or feel the apple on their lips.

Alternative: Use an apple scented body spritz / add some apple flavouring to water and pour into a spray bottle. Spray the bottle to create the apple smell in the room. Support the children to smell the apple. If appropriate, spray onto the children's hands / arms.

Alternative: Use an apple or a toy apple and roll this down a slope. Support the children to follow the movement of the apple.

But, he was still hungry
(repeated throughout the story)

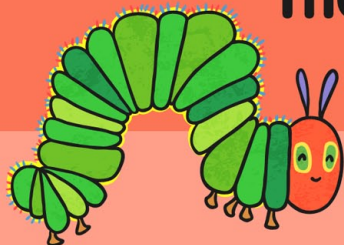


Use an empty plastic bottle filled with lentils / rice. Shake the bottle to represent a 'hungry' noise. Support the children to listen to the noise and watch the movement of the lentils / rice in the bottle. Alternatively, roll the bottle across the floor.

Alternative: Use an empty water container from a water cooler. Fill the container with some rice / lentils / dry pasta (adding coloured rice / pasta will make it more visually appealing). Roll the container on the floor to create the 'hungry' noise and support the children to watch the movement of the container and listen to the sound.

The Very Hungry Caterpillar

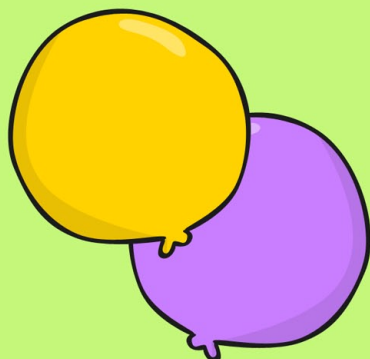
Sensory Story



Story

Suggested Resources / Activity

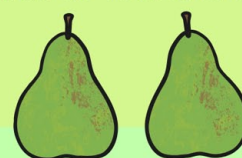
Two pears



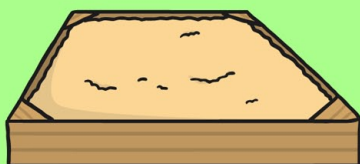
Use two balloons to represent the pears. Blow up the balloons and let them go. Support the children to watch the movement of the balloons and to feel the air as it escapes.

Alternative: Blow up two balloons, tie up the ends and throw the balloons into the air. Support the children to watch the balloons move. Support the children to feel the texture of the balloons.

Alternative: Cut up a pear and support the children to feel and smell the pieces of pear.

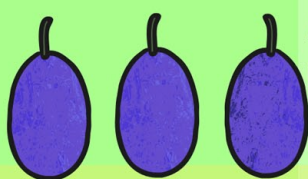


Three plums



Use a plum and support the children to feel, smell and if appropriate, to taste the fruit.

Alternative: Pour sand / salt / flour onto a tray. Draw three plums in the sand / salt / flour. Support the children to watch the drawing and if appropriate, join in. Support the children to feel the sand / salt / flour.



Alternative: Use three balloons filled with salt to represent the plums. Support the children to feel the texture of the balloons.

Four strawberries



Make up some strawberry flavour jelly. Support the children to put their hands / feet into the jelly. Support the children to feel and smell the jelly.

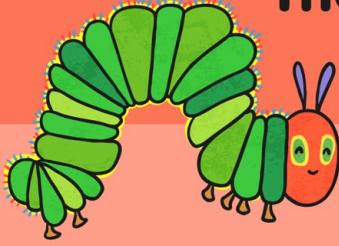
Alternative: Use a strawberry and support the children to feel, smell and if appropriate to taste the strawberry.

Alternative: Drop four strawberries (or toy strawberries) from a standing position onto card / hard surface. Support the children to watch the falling strawberries splat onto the surface. The children could also feel and smell the strawberries after they have broken up on the surface.



The Very Hungry Caterpillar

Sensory Story



Story

Suggested Resources / Activity

Five oranges



Use segments from an orange and support the children to feel and smell the segments. If appropriate the children can taste the segments or feel the orange pieces on their lips.

Alternative: Put a few drops of the juice from an orange onto cotton wool / use orange essence and support the children to smell the orange.

Alternative: Support the children to feel an orange on their hands / arms.



One piece of chocolate cake



Use a piece of chocolate cake and support the children to feel and smell the cake. Support the children to feel the texture of the cake as they crumble / squeeze the sponge. If appropriate the children can taste the cake / feel the cake on their lips.

Alternative: Melt some chocolate in a bowl and leave to cool. Support the children to smell, feel and if appropriate taste the melted chocolate.

Alternative: Use chocolate scented lotion / hand cream and support the children to smell. If appropriate massage the lotion on the children's arms / hands.

One ice cream cone



Scoop a small amount of ice cream and a cone into a container. Support the children to feel the ice cream as it melts and the crispness of the cone. Support the children to smell the ice cream.

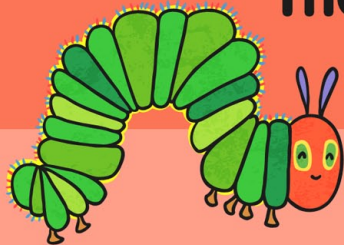
Alternative: Use a toy ice cream cone and support the children to feel the cone. Sweep the toy ice cream cone onto the children's arms and support them to feel the movement.

Alternative: Add a few drops of vanilla essence onto cotton wool and support the children to smell the vanilla.

Alternative: Add some vanilla essence to water and pour into a spray bottle (or could use a vanilla scented body spritz). Use the spray to scent the room. Support the students to smell the vanilla. If appropriate, use the spray onto the children's hands / arms.

The Very Hungry Caterpillar

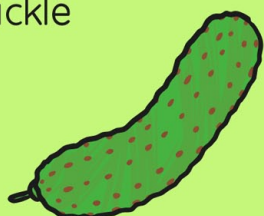
Sensory Story



Story

Suggested Resources / Activity

One pickle



Use slices of cucumber to represent the pickle. These can be used on the children's arms / hands to allow the children to feel the coolness of the cucumber. Support the children to smell the cucumber and if appropriate to taste the cucumber.

Alternative: Use a cucumber scented gel to massage onto the children's arms / legs. Support the children to smell the cucumber.



One slice of Swiss cheese



Tap out the syllables of 'one slice of Swiss cheese' on the children's arms or legs as the words are read out.

Alternative: Use a drum to tap out the syllables in the phrase. Support the children to feel the vibrations on the drum and listen to the sound.

One slice of salami

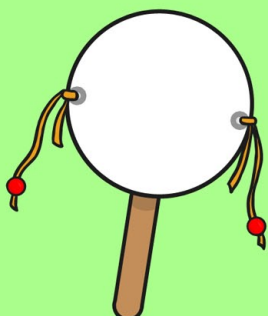


Scrunch up a food wrapper (e.g. from sweets, crisps etc) to create a sound. Support the children to feel the wrappers.

Alternative: Roll a cardboard tube filled with lentils / rice down a slope. Support the children to watch the movement of the tube and listen to the sound as it moves.

Alternative: Use some salami and support the children to feel and smell it. If appropriate support the children to taste the salami.

One lollipop



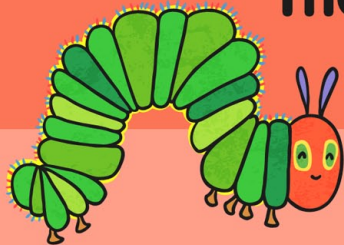
Create a lollipop using tissue paper and a stick. Hold the lollipop up towards the light source / window to allow the light to shine through the tissue paper. Support the children in watching the light shine through.

Alternative: Use a bead drum to represent the lollipop. Roll the handle of the drum between your palms to create the sound. Support the children to watch the beads move and to listen to the sound of the drum.



The Very Hungry Caterpillar

Sensory Story



Story

Suggested Resources / Activity

One piece of cherry pie



Use a cherry scented lotion / gel to massage onto the children's arms / hands. Support the children to smell the cherry.
Alternative: Use cherries and support the children to feel and smell them.

Alternative: Use play dough to create cherries. These can be dropped to the floor as the words of the story are read. Support the children to watch the falling spheres of play dough.

One sausage



Tap out the syllables of 'sausage' on a drum and support the children to feel the vibrations of the drum and listen to the sound.

Alternative: Tap out the syllables of 'sausage' onto the children's arms / legs.

One cupcake



Use scented (chocolate / vanilla) play dough to make a cup cake. Support the children to squeeze and feel the play dough on their skin. Support the children to smell the play dough.

Alternative: Add a few drops of vanilla essence onto cotton wool and support the children to smell the vanilla.

Alternative: Use paper cake cases and drop them in quick succession from a height. Support the children to watch the paper cake cases fall to the ground.

One slice of watermelon



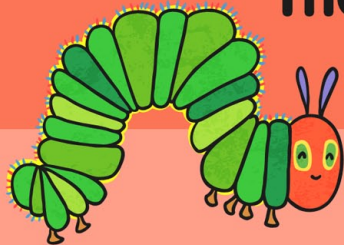
Slices of watermelon / melon can be used on the children's arms / hands. This is to allow the children to feel the coolness and the texture of the fruit. Support the children to smell the watermelon and if appropriate to taste the fruit.

Alternative: Use watermelon / melon scented lotion to massage onto the children's hands / arms. Support the children to smell the lotion.

Alternative: Use a wet sponge (if able with a watermelon / melon scented soap). Support the children to feel the sponge on their arms / legs.

The Very Hungry Caterpillar

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Story

Suggested Resources / Activity

One nice green leaf

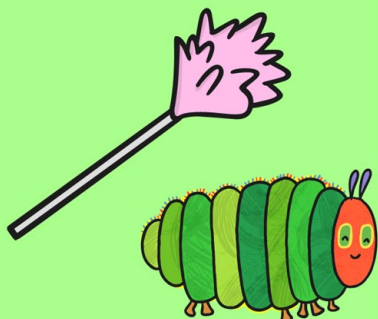


Support the children to put their hands / feet into a tray of leaves. Support the children to feel the leaves.

Alternative: Create a leaf shape from a large piece of green tissue paper. Slowly move this from side to side and support the children to watch the movement. If appropriate, move the leaf over the heads of the children and support them to watch the movement.

Alternative: From a height slowly squirt green paint from either a paint bottle / empty washing up bottle onto black card. Try to create a leaf shape. Support the children to watch the paint dripping onto the card.

Big fat caterpillar



A feather duster can be used to represent the caterpillar. Support the children to feel the feather duster. Alternatively, gently brush the children's arms / legs with the feather duster.

Alternative: A bottle cleaning brush can be used. Gently brush the children's arms / legs with the brush. Support the children to feel the bristles on the brush.



A beautiful butterfly



Use brightly coloured cloth to swirl and move around. Support the children in watching the colours as the cloth moves.

Alternative: Fold a piece of coloured paper in half and move it up and down. Support the children to watch the movement and feel the air move on their arms / hand / face.

Alternative: Fold a piece of paper / card in half and open again. Place this on the floor. Dribble on different colours of paint from a height. Support the children to watch the paint dribble onto the paper. Fold the paper in half and move the paint around with your hands. If appropriate, support the children to move the paint around. Open the paper and support the children to look at the 'butterfly.'

