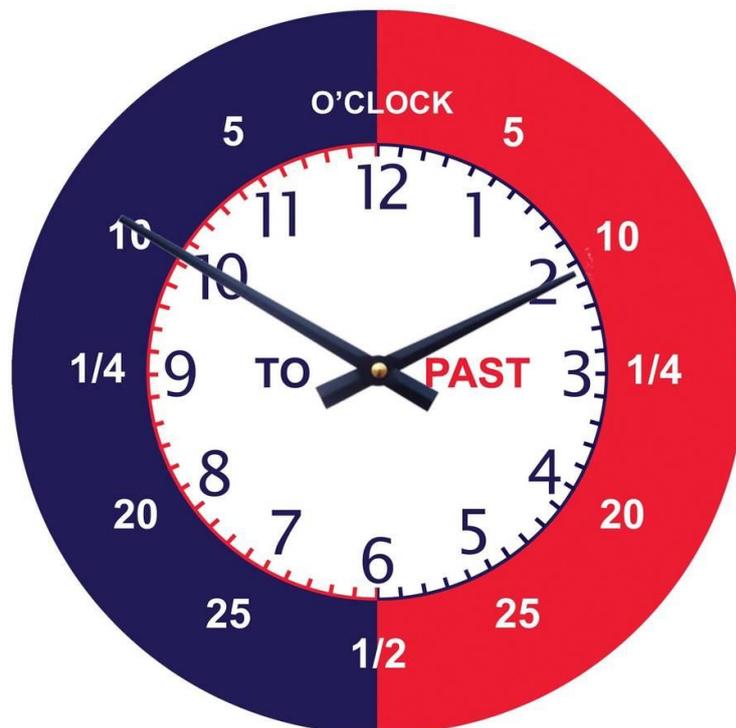


Life skills - this term we are focusing on two important aspects:

LO: To tell the time using an analogue clock

LO: To recognise the importance of cleaning our teeth as part of a healthy life style



Use this interactive clock to practise telling the time to o'clock and half past. If you are feeling confident try quarter to and quarter past. Use the interactive buttons to see how the hands of the clock move and check the digital 12 hour and 24 hour clock to understand the time on all three clocks.

[Teaching Clock \(topmarks.co.uk\)](https://www.topmarks.co.uk/Teaching-Clock)

- Compare durations of events - for example to calculate the time taken by particular events or tasks, brushing teeth, showering, washing hair etc.
- Learn that bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection; the wider importance of personal hygiene and how to maintain it.

### Brushing your teeth

Watch the video clips then create a poster persuading others to brush their teeth. Make sure to warn of the dangers of not brushing teeth.

What causes bad breath?

<https://www.youtube.com/watch?v=oZ13QfP2os8>

<https://www.youtube.com/watch?v=I7Q1kme9s2o>

Other life skills that you can practise - tying your shoe laces, laying the table and helping with the cooking. Let me know how helpful you have been at home, you can email Mrs Hargood via [office@ifield.kent.sch.uk](mailto:office@ifield.kent.sch.uk)

I would love to hear how you are getting on, what learning you are enjoying or finding a challenge. I will email back if you have any questions or want to share any news.