



Bubble & Squeak



Ingredients

Mashed potatoes

Left over boiled cabbage,
carrots, parsnips, sausages
or vegan alternative
(chopped)

Mushrooms and onion
(chopped)

Method

1. Grab a frying pan and add a tablespoon of margarine. Heat until it bubbles.
2. Drop in the onion and mushroom and fry for a few minutes.
3. Add the chopped veg and meat into the pan. Mix it for a minute or so.
4. Add in the mashed potatoes and mix in with the other ingredients in the pan.
5. Press down the mixture with a spatula to brown and heat through.
6. Keep turning it over and heating it through so the edges brown.
7. Serve and enjoy!