



# ON TOUR WITH TEAM GB

## ACTIVITY SHEET

# RECIPE FROM AROUND THE WORLD

NAME .....

Country: .....

Hosted Olympic Games in: .....

National dish: .....

Serves: .....

## DISH ILLUSTRATION

## INGREDIENTS

**REMEMBER** to include quantities, with units. Listing ingredients and equipment in the order you will use them will also make your recipe easier to follow.

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## EQUIPMENT

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## METHOD

Try and break down your method into simple steps and remember the different skills you will need to use. See the skills word bank below.

Step 1:


## Skills word bank

Beat • Mix • Roll • Rub • Peel • Fry  
Grate • Measure • Weigh • Bake • Freeze  
Grill • Sauté • Slice • Crush • Blend

