



# brushing your teeth

1

1



put a little toothpaste on the toothbrush



2

2



brush little circles around top front of teeth



3

3



brush little circles around bottom front of teeth



4

4



brush the back of top and bottom teeth



5

5



gently scrub the tops of teeth, top, top, bottom, bottom



6

6



spit into the sink and rinse your toothbrush





# brushing your teeth

1

1.



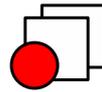
put toothpaste on brush

2

2.



brush



front



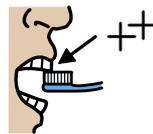
and back of



teeth

3

3.



brush top teeth



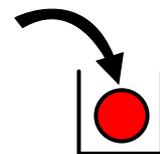
and bottom teeth

4

4.



spit



into the



sink