

# What Is Responsibility?

Being responsible is a big part of becoming a young adult. Do you know what responsibility is? Can you think about what it looks, sounds and feels like?

<p><b>What Is Responsibility?</b> Making good choices.</p> <hr/> <hr/>	<p><b>What does it look like?</b> Seeing and helping a younger child with their lunch.</p> <hr/> <hr/>
<p><b>What does it sound like?</b> 'I can help you with that'.</p> <hr/> <hr/>	<p><b>What does it feel like?</b> 'I feel proud for helping another person'.</p> <hr/> <hr/>
<p><b>When have you shown responsibility?</b></p> <hr/> <hr/> <hr/>	<p><b>What have you done when you have not been responsible?</b></p> <hr/> <hr/> <hr/>
<p><b>What Is Not Being Responsible?</b> Not looking after your own equipment/property.</p> <hr/> <hr/>	<p><b>What does it look like?</b> Not being ready to listen in class.</p> <hr/> <hr/> <hr/>
<p><b>What does it sound like?</b> 'I don't know the answer because I wasn't listening'.</p> <hr/> <hr/>	<p><b>What does it feel like?</b> 'I feel sad that I didn't try my best. I have let myself down.'</p> <hr/> <hr/>