



Sensory Stories

Sensory stories are a simplified narrative told in an engaging and accessible way to enhance an individual's understanding and enjoyment of a story.

What and Who?

A sensory story makes a well-loved story or topic accessible by taking all the key moments and adding sensory elements for the listener to explore. It is effective for any individual with learning difficulties or those who are accessing literacy in the early stages. This allows the participant to access a text or topic in a fun and engaging way.

The Beach A Sensory Story



How to Make a Sensory Story

There are a few options of how to create a sensory story. It can be as simple as finding sensory resources that match a key point in your story for example using a water spray for any water element in the story.

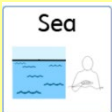
Or you can take the key moments from a story and resource them. This allows the listener to enjoy the story without being required to sit for an extended amount of time. They can explore using a range of senses and actively participate in the story telling.

A sensory story can be easily produced and, in a cost, effective way using what you already have and gives you the opportunity to be as creative as you like!

Top Tips for Reading a Sensory Story

- Make the experience as engaging as possible! Be animated have fun explore the resources with your listeners.
- Encourage all the supporting adults to join in with you. When our young people see their adults engaged and animated about something they are more likely to participate.
- Use visuals and Makaton along the way. It is a great opportunity to promote the use of both through a fun and engaging activity.
- Avoid just using cuddly toys or toys to support the story make it as sensory as possible engaging sight, smell, sound and touch.

Sea



Gruffalo

