

FOOD TECHNOLOGY

We aim to instil a love of cooking in pupils and enable pupils to apply the principles of nutrition and healthy eating when preparing a meal.

Quality of Education: Ensure that learning meets pupils’ needs through a relevant curriculum, appropriate resources, suitable interventions and high expectations.

Learners will . . .

- Understand and apply the principles of nutrition and learn how to cook.
- Understand where and how different food is produced.
- Understand and apply the principles of a healthy and varied diet.
- Prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques.
- Understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.
- Develop the creative, technical and practical expertise needed to perform everyday tasks confidently and to participate successfully in an increasingly technological world.
- Critique, evaluate and test their ideas and products and the work of others.
- Develop knowledge and understanding of food technology vocabulary, e.g. ingredients, utensils and recipes.
- Practice following a recipe methodically.



- Encourage pupils to apply the principles of nutrition and healthy eating.
- Enable pupils to feed themselves and others, now and in later life.
- Have a good knowledge and understanding of the food technology curriculum.
- Know where pupils are in their learning and their next steps.
- Ensure that ALL pupils are challenged.
- Plan lessons applicable to real life context and develop critical thinking skills.
- Achieve depth of learning in every lesson.
- Promote appropriate discussion about the subject matter they are teaching.
- Provide pupils with opportunities to practise and generalise their learning.
- Encourage independence throughout the lesson.
- Promote pupil contribution and sharing ideas.
- Ensure pupils use washing machines and microwaves confidently and independently.

Teachers will . . .

Inspire pupils to learn through memorable experiences and linked cross-curricular opportunities.